

RECOGNIZE AI IN EVERYDAY LIFE

FACILITATOR GUIDE



2-4 MINUTES; 10-15 MINUTE OPTIONAL DISCUSSION

DESCRIPTION

Using a reflective quiz, this activity helps learners think about the extent to which artificial intelligence (models that process data to make predictions or decisions) is integrated into their daily digital activities.

LEARNING OUTCOMES

- Recognize places learners are already engaging with AI and/or machine learning algorithms

WHAT YOU'LL NEED

- The AI Habits Quiz handout (or digital version)
- Writing implements if using physical handouts

FACILITATION STEPS

1. Ask learners to think briefly about how often they use AI.
2. Introduce the AI Habits quiz as a reflection tool.
 - Emphasize that AI is broader than generative AI that there are no right or wrong answers.
3. Ask participants to complete the quiz questions and tally their final "score."
4. For physical handout, invite participants to draw an arrow to their score on the 'AI meter' on pg. 2.
 - Draw their attention to the 'What should I do next?' recommendations.
5. Select from the following discussion questions:
 - Do you want to shift your AI meter? In which direction?
 - Which follow-up recommendation do you think would help you most?
 - What surprised you most about this activity?